

**Do you find joy in helping
seniors in your community
remain independent?**

The Tri-Cities Better at Home needs

- Volunteer Drivers
- Volunteer Handy Helpers
- Grocery Shopping Volunteers
- Friendly Visiting Volunteers

Are you?

- 21 years of age or older
- Willing to undergo Criminal Record Checks
- Willing to use your own vehicle, provide proof of a valid driver's license and ICBC insurance, and a driver's abstract (for Volunteer Drivers only)
- Able to commit for a minimum of 6 months
- Reimbursement for mileage cost is available for Volunteer Drivers.

**If yes, we want to hear
from you!**

**SHARE Family & Community Services is
the local organization providing the
Tri-Cities Better at Home Program**



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**TO REGISTER, BOOK FOR SERVICES OR
FOR MORE INFORMATION, CONTACT:**

Tri-Cities Better at Home

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2020



United Way helping seniors remain independent.



TRI-CITIES BETTER at HOME



**Supporting the non-medical
needs of older adults in B. C.**



United Way helping seniors remain independent.

Tri-Cities Better at Home Services

Tri-Cities Better at Home helps seniors with simple day-to-day tasks, thereby helping them maintain their independence and stay connected with their community.

The program offers specific non-medical services to seniors who are:

- ⇒ **65 years old or older**
- ⇒ **Residents of Tri-Cities**
- ⇒ **Living in their own home (to be eligible for all services)**

Tri-Cities Better at Home offers light housekeeping, minor home repair, grocery shopping, transportation to doctor's appointments, food support, and friendly visiting services.

- Pre-registration is required.
- Fees for Better at Home services are determined on a sliding scale based on the senior's household income.
- Light housekeeping, transportation to doctor's appointments, and minor home repair services are provided to seniors living in their own home (not in assisted living or retirement community) for a fee based on household income.

Light Housekeeping

LA contracted housekeeper will perform light housekeeping services on behalf of the Tri-Cities Better at Home. Cleaning supplies and equipment including a vacuum must be provided by the senior.

There is a wait list for the subsidized housekeeping service. Seniors who want to be included in the waitlist are encouraged to contact the office.

Minor Home Repair

MVolunteer Handy Helpers perform specific, minor house repair tasks in senior's homes. A waiver signed by the senior is needed.



Friendly Visiting

FVolunteers visit and/or call seniors in their home on a regular basis for companionship to help reduce isolation.

Transportation

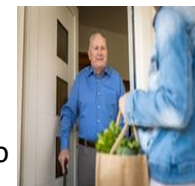
TUsing their own vehicle, volunteer drivers provide seniors with transportation to their doctor's appointments across Metro Vancouver. Parking and toll expenses are paid by the senior.

- Only foldable assistive equipment such as walkers/mobility aids may be transported in the volunteer's car. If a senior needs assistance using assistive equipment (such as wheelchairs), he/she will need to be accompanied by a relative or friend.

Our volunteer drivers are not trained to assist with devices that require specific knowledge such as oxygen cylinders, etc.

Grocery Shopping

GVolunteers call seniors to get their grocery orders and enter them into the store's website. The store delivers the orders for a fee.



Food Support

FVolunteer drivers deliver food hampers to seniors who are accessing the Tri-Cities Food Bank and have severe mobility issues.

Tri-Cities Better at Home does NOT provide assistance with personal hygiene, physical mobility, medical needs, meal preparation, pet bathing, yard work or snow removal.