

Free Early Years Programs 0-6 Years old **Sept-Dec 2022**

Family Drop-in Programs

Toys, arts and craft, circle time, parenting support and resources.



Mountain View Family Drop-in

Re-open on **Wednesday September 7th**

Mondays 12:00-2:30pm

Wednesdays & Fridays 9:30am-12:00pm

699 Robinson Street, Coquitlam

Clarke Street Family Drop-in

Wednesdays

9:30am - 1:30pm

2615 Clarke Street, Port Moody

Love My Baby Drop-in



Pre-registration is not required.

For infants **0-18 months** and their family


Nursery songs, child development and parenting information.

Co-facilitation by Infant Development Consultant (Kinsight) and Family Support Worker (SHARE).

Fridays 1:30-2:45pm

Sept 16 - Dec 16 (no session: Sept 30 & Nov 11)

Mountain View Park. 751 Smith Ave., Coq.

 **Rain and cold: 699 Robinson St., Coq.**

Nobody's Perfect Parenting Group

Registration is required

For parents and grandparents with 0-6 years

Learn about information on child health, social emotional development, behaviour, safety and ideas of coping with stress

Childminding & light meal

6 Thursdays, Sept 29 - Nov 3

10:00am - 12:00pm

699 Robinson Street, Coquitlam Coq.

Circle Time @ Cottonwood Park

Songs, stories, toys, take home crafts, parenting support and resources

Thursdays 10:30-11:30am

672 Aspen Street, Coquitlam

Evening Fun @ Parks

Songs, stories, toys, take home crafts, parenting support and resources

Tuesdays 5:30-6:30pm

Sept 20 Cottonwood Park

Oct 4 Como Lake Park

Nature Scavenger Hunt

Registration is required

Joy in discovering nature, physical & mental wellness

Partnership with Burke Mountain Naturalists

Details will come soon

Support to individual families

- Community resources
- One-on-one parenting coaching
- Develop parent-child attachment
- Parent's mental wellness
- Play that support development
- Limit setting & positive discipline

Contact Catherine to talk or to schedule

Information and Registration

Email: catherine.ho@sharesociety.ca

Call/text: 604-345-3156

<http://sharesociety.ca/family-resource-programs>

Parent Education Workshop

To be announced