

Free Early Years Programs

0-5 Years old **Jan-Mar 2022**

Family Drop-in Programs

Pre-registration is NOT required.

Toys, arts and craft, circle time, parenting support and resources.

Mountain View Family Drop-in

Mondays 12:00-2:30pm

Wednesdays & Fridays 9:30am-12:00pm

Address: 699 Robinson St., Coquitlam

Clarke Street Family Drop-in

start date: Jan 12

Wednesdays 9:30am - 1:30pm

Address: 2615 Clarke Street, Port Moody

Love My Baby Drop-in

Pre-registration is NOT required.

For infants **0-18 months** and their family
Nursery songs, child development and parenting information. Co-facilitation by Infant Development Consultant (Kinsight) and Family Support Worker (SHARE).

Fridays 1:30-2:45pm

No session: March 18 & 25

Address: 699 Robinson St., Coquitlam

Nobody's Perfect Parenting Group

Pre-registration is required

For parents and grandparents with 0-5 years
Learn about information on child health, social emotional development, behaviour, safety and ideas of coping with stress

Childminding & light meal

6 Thursdays, Feb 3 - March 10

10:00am - 12:00pm

Address: 2615 Clarke Street, Port Moody

Contact Catherine to register

Family Scavenger Hunt

Joy in discovering nature, physical & mental wellness.

Partnership with Burke Mountain Naturalists

Thursdays, 10-11:30am

Feb 24: Lions Park

Mar 24: Colony Farm

Contact Catherine to register

Drop-in Circle Time @ Cottonwood Park

Pre-registration is NOT required.

Songs, stories, take home craft, parenting support & resources

Tuesdays 11:00-11:30am

672 Aspen Street, Coq.

Registration and/or subscription to receive program information

Email: catherine.ho@sharesociety.ca

Call/text: 604-345-3156

<http://sharesociety.ca/family-resource-programs>

COVID safety for in-person programs

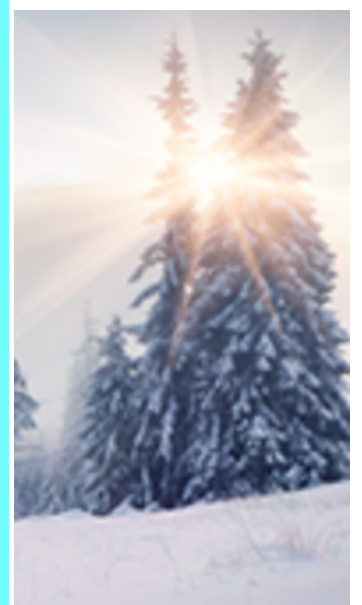
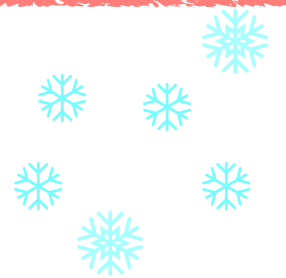
Mask wearing is mandatory at all indoor programs and encouraged in outdoor programs.

Please stay home if you or anyone in your family are unwell, experiencing cold or flu like symptoms or have been ask to self isolate.

Please wash your hands with soap prior to and during programming

Practice social distancing whenever possible and avoid physical greetings.

Staff will continue to sanitize and clean all materials and program space before and after use.



Parent Education Workshop

To be announced

Support to individual families

Community resources

One-on-one parenting coaching

Develop parent-child attachment

Parent's mental wellness

Play that support development

Limit setting & positive discipline

Contact Catherine for information or to schedule