

### Family Drop-in Programs

Toys, arts and craft, circle time, parenting support and resources.

#### Mountain View Family Drop-in

**Mondays 12:00-2:30pm**

**Wednesdays & Fridays 9:30am-12:00pm**

**699 Robinson Street, Coquitlam**

#### Clarke Street Family Drop-in

**Wednesdays**

**9:30am - 1:30pm**

**2615 Clarke Street, Port Moody**

### Love My Baby Drop-in

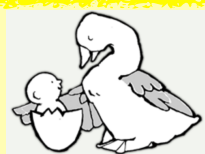
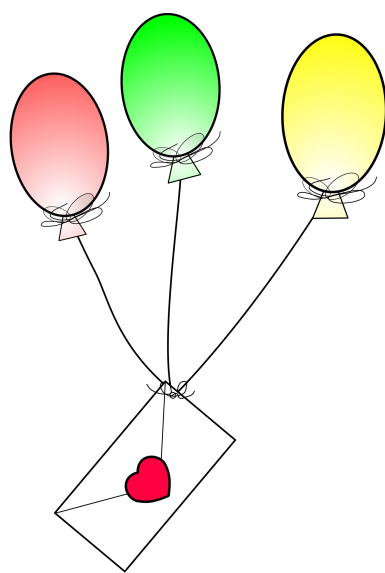
For infants **0-18 months** and their family

Nursery songs, child development and parenting information. Co-facilitation by Infant Development Consultant (Kinsight) and Family Support Worker (SHARE).

**Fridays 1:30-2:45pm**

**Mountain View Family Resource Centre**

**699 Robinson St., Coq.**



### Mother Goose program

**Pre-registration is required**

For parents and grandparents with **0-3 years**

Discover the power of rhymes, songs and stories

Childminding & snacks

**8 Thursdays, Jan 19 - March 9**

**10:00am - 11:30am**

Mountain View Family Resource Centre

**699 Robinson Street, Coq.**

Registration: (starting Jan 4, 2023)

**[www.myymca.ca](http://www.myymca.ca) or 604-931-3400**

### Evening

#### Mountain View Family Drop-in

Songs, stories, toys, crafts, parenting support and resources

**Wednesdays, Jan 18, Feb 15, Mar 1, 15**

**5:00-6:30pm**

**699 Robinson Street, Coquitlam**

### Circle Time @ Cottonwood Park

Songs, stories, toys, take home crafts, parenting support and resources

**Thursdays (last session: Jan. 26) 10:30-11:30am**

**672 Aspen Street, Coquitlam**



### Support to individual families

- ☒ Community resources
- ☒ One-on-one parenting coaching
- ☒ Develop parent-child attachment
- ☒ Parent's mental wellness
- ☒ Play that support development
- ☒ Limit setting & positive discipline

**Contact Catherine to talk or to schedule**

### Information and Registration

Email: [catherine.ho@sharesociety.ca](mailto:catherine.ho@sharesociety.ca)

Call/text: 604-345-3156

<http://sharesociety.ca/family-resource-programs>

### Parent Education Workshop

To be announced