

Free Early Years Programs

0-6 Years old September-December 2024

Family Drop-in Programs

Toys, arts and craft, circle time, parenting support and resources. For children 0-6 years old and their family.

No registration is required.

Lincoln Family Drop-in

Fridays 9:30am - 12:00pm (ends on Dec 20)

#104-3020 Lincoln Ave., Coquitlam

Clarke Street Family Drop-in

Tuesdays 9:30am - 12:00pm (ends on Dec 17)

Wednesdays 9:30am - 1:30pm (ends on Dec 11)

2615 Clarke Street, Port Moody

Love My Baby Drop-in

No registration is required. For infants **0-18 months old** and their family.

Nursery songs, child development and parenting information.

Co-facilitation by Infant Development Consultant (Kinsight) and Family Support Worker (SHARE).

Fridays: Sept 13 - Dec 13 (1:30 - 2:45pm)

#101-2312 St. Johns Street, Port Moody



Nature Scavenger Hunt

Pre-registration is required

Partnership with Burke Mountain Naturalists



Learn about birds, trees, bugs... in the local nature parks.

10:00 - 11:30am

Sept 23 (Mon): Blakeburn Lagoons Park

Oct 28 (Mon): Hoy Creek Trail - Salmon Come Home



Registration:

amy.wong@sharesociety.ca

Please provide your name, child's name and age, emergency contact in your email.

Nobody's Perfect Parenting Group

Pre-registration is required

For parents and grandparents with 0-5 years

Learn about information on child health, social emotional development, behaviour, safety and ideas of coping with stress

Childminding & light meal

Thursdays, Nov 7 - Dec 12

10:00am - 12:00pm

2615 Clarke Street, Port Moody

Registration:

amy.wong@sharesociety.ca

Parent-child Mother Goose

Pre-registration is required

For parents and grandparents with **0-3 years**

Discover the power of rhymes, songs and stories

healthy snacks included

Thursdays, Sept 12 - Oct 31

(no session on Sept 19)

10:00 - 11:30am

2615 Clarke Street,

Port Moody

Registration:

amy.wong@sharesociety.ca



Circle Time @ Cottonwood Park

No registration is required.

Songs, stories, take home craft, parenting support & resources

Tuesdays, Sept 3 - Oct 8

10:30 - 11:30am

672 Aspen Street, Coquitlam



Support to individual families

Community resources

One-on-one parenting coaching

Develop parent-child attachment

Parent's mental wellness

Play that support development

Limit setting & positive discipline strategies

Contact Amy for information or to schedule



Information for all programs

amy.wong@sharesociety.ca

Call/text: 604-250-0018

<https://sharesociety.ca/early-years-community-parenting-programs>