

## Do you find joy in helping seniors in your community remain independent?



The Tri-Cities Better at Home needs:

- ★ Volunteer Drivers
- ★ Volunteer Handy Helpers
- ★ Volunteer Grocery Shoppers
- ★ Friendly Visiting Volunteers

### Are you?

- 21 years of age or older
- Willing to undergo Criminal Record Check
- Willing to use your own vehicle or an agency-provided vehicle, provide proof of a valid driver's license, ICBC insurance, and a driver's abstract (for Volunteer Drivers only).
- Able to commit for a minimum of 6 months
- Reimbursement for mileage cost is available for Volunteer Drivers.

**If yes, we want to hear from you!**

SHARE Family & Community Services is the local organization providing the Better at Home Program in the Tri-Cities




**TO REGISTER, BOOK FOR SERVICES OR FOR MORE INFORMATION, CONTACT:**

### Tri-Cities Better at Home

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Working with communities in BC's North, Interior, Lower Mainland, Central & Northern Vancouver Island



# Tri-Cities

## BETTER AT HOME

### Offers non-medical services for Tri-Cities seniors 65+

Tri-Cities Better at Home helps seniors with simple day-to-day tasks, thereby helping them maintain their independence and stay connected with their community. The program offers specific non-medical services to seniors who are:

- 65 years old or older
- Residents of Tri-Cities
- Living in their own home
- The program conducts an assessment to confirm eligibility.

### About the program:

- ✔ Pre-registration is required.
- ✔ Light housekeeping, transportation, in-person grocery shopping and minor home repair services are provided for a fee based on household income.
- ✔ Also provides Navigation and Peer Support, which offers information, referrals, and peer support to help older adults navigate poverty, health concerns, and other life challenges while connecting them with community resources and services.

**Tri-Cities Better at Home does NOT provide home support such as caregiving, personal hygiene, physical mobility, medical needs, medication monitoring, meal preparation, pet bathing, yard work or snow removal.**

## Tri-Cities Better at Home Services



### Light Housekeeping

A contracted housekeeper will perform light housekeeping services on behalf of the Tri-Cities Better at Home. Cleaning supplies and equipment including a vacuum must be provided by the senior.

There maybe a wait list for the subsidized housekeeping service.



### Friendly Visits

Volunteers visit and/or call seniors in their home on a regular basis for companionship to help reduce isolation.



### Minor Home Repair

Volunteer Handy Helpers perform specific, minor house repair tasks in seniors' homes to enhance their health and safety. Cosmetic changes or home renovations not related to improving the health and safety of participants will not be performed. A waiver signed by the senior is needed.



### Food Bank Hamper Deliveries

Volunteer drivers deliver food hampers to seniors who are accessing the Tri-Cities Food Bank and have severe mobility challenges.



### Transportation

Using their own vehicle or an agency-provided vehicle, volunteer drivers provide seniors with transportation to their doctor's appointments across Metro Vancouver or to their non-medical appointments in the Tri-Cities area (e.g., grocery store, pharmacy, bank, library, etc.). Parking costs are paid by the senior.

- \* Only foldable assistive equipment such as walkers/mobility aids may be transported in the volunteer's car. If a senior needs assistance using assistive equipment (such as wheelchairs), he/she will need to be accompanied by a relative or a friend.

Our volunteer drivers are not trained to assist with devices that require specific knowledge such as oxygen cylinders, etc.



### Grocery Shopping

Online shopping: Volunteers call seniors to get their grocery orders and enter them into the store's website. The store delivers the orders for a fee.

In-person shopping: Volunteers drive seniors to grocery stores. Transportation service fee applies