



FOR IMMEDIATE RELEASE
JUNE 23, 2023

Food and Fund Drive to Help SHARE Fill 1,000 Food Hampers!

The cost of living is at an all-time high, as is the demand for Food Bank services. According to Food Banks Canada, 23% of us are eating less than we should because there isn't enough money for food. Visits to SHARE's food banks are up 50%. One-third of our food bank users are children, and 20% are seniors.

Join SHARE Family and Community Services at Coquitlam Centre on Saturday, June 24, and Sunday, June 25, to kick off the annual **REMEMBER THE FOOD BANK** campaign with a fund and food drive celebrating the grand reopening of the newly renovated food court. With your donations we aim to fill 1,000 hampers by the end of the summer.

Find SHARE at these locations:

Saturday, June 24th

- **10 am-2 pm:** Coquitlam Centre Southwest Parking Lot (corner of Johnson Street and Barnet Highway)
- **10 am-4 pm:** REMEMBER THE FOOD BANK kiosk at Coquitlam Centre Food Court

Sunday, June 25th

- **11 am -4 pm:** REMEMBER THE FOOD BANK at Coquitlam Centre Food Court

This Summer, remember the Food Bank, remember your neighbours, and help SHARE ensure no one in our community goes hungry.

Why Cash Over Cans?

Cash donations help SHARE purchase more healthy, diverse, and balanced food choices in large quantities at wholesale rates less than what you pay at the grocery store.

Donate cash to REMEMBER THE FOOD BANK: <https://sharesociety.ca/rfb>

Purchase hampers directly from SHARE's Virtual Grocery Store: <https://sharesociety.ca/virtual-store>



SHARE's Most Needed Items:

- Canned Vegetables (Corn, Mushroom)
- Fruit Cups and Juice (No Sugar Added)
- Grains (Rice)
- Tomato Products (Tomato Paste, Chunky Tomato Sauce, and Diced Tomatoes)
- Cooking Oil
- Canned Protein (Corned Beef, Salmon, Chicken, and Tuna)

About SHARE

SHARE operates food bank locations in Coquitlam, Port Coquitlam, and SHARE Food Bank Hub at 2615 Clark Street in Port Moody in addition to home delivery for people with special needs to over 3,500 people per month. Since 1972 SHARE, a registered charity, has provided service to help connect, engage, and strengthen individuals and Families. SHARE's services touch over 22,000 people in the Tri-Cities area annually. For more information about SHARE, please visit www.sharesociety.ca

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For further information, please contact:

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