



2025–2026 Annual Report

Strengthening families, building
communities and changing lives
since 1972.



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Note: The figures and data in this annual report reflect SHARE Family and Community Services Society's April 1, 2025 to March 31, 2026 fiscal year. Also, the charity is referenced herein as SHARE Family & Community Services and/or SHARE.

Executive Summary



SHARE Family & Community Services exists to support our community during times of vulnerability, and we're committed to growing our services in response to its changing needs.

This commitment was particularly visible this year as SHARE:

- served over 30,000 children, youth, families, seniors and adults through a vast range of services,
- opened Foundry Tri-Cities: a wellness hub serving young people ages 12–24 years old and their families through a team of physicians, counsellors, youth peer workers and family peer workers, and
- expanded its culturally appropriate clinical services, including counselling supports for refugees and Farsi-speaking clients.

SHARE's services are possible because of the work of our incredible staff team and wonderful volunteers. Our partnerships with local municipalities, first responders, social service organizations, schools, health providers, the business community, provincial funders and our donors are deeply appreciated and integral to our success too.

There are more challenges on the horizon—most certainly the current affordability crisis and the rise in isolation and mental health challenges—but with them come a slew of opportunities. Opportunities to forge new partnerships. Opportunities to learn from what works and do more of that. Opportunities to succeed, despite the obstacles we face.

SHARE is here for both the challenges and the opportunities ahead. We thank our staff, volunteers, donors and local partners for walking with us every step of the way as we forge ahead in creating a thriving, healthy community. Here's to an amazing year ahead!

Claire MacLean
Chief Executive Officer

Osman Naeem
Chair, Board of Directors



We respectfully acknowledge that SHARE Family & Community Services' work—and that of its Sister Society, 43 Housing—takes place on the ancestral, traditional, and unceded territories of the Kwikwə́'əm (Kwikwetlem), Qiqéyt (Key-Kayt) and Coast Salish Nations.

We're grateful to live, work and gather on these lands. And to support our community members where and when they need it most.

About Us

From babies taking their first steps, youth finding their footing and families facing hard moments, to newcomers beginning again and seniors striving to remain independent—SHARE Family & Community Services provides connection, care and opportunity at every stage of life.

This year marks SHARE's 54th year of service. In 1972, SHARE Family & Community Services started as a clothing exchange in the basement of founder Gertie Grosser's home. It quickly became a focal point for community members who wanted to help their neighbours with life's challenges. Two decades later in 1990, SHARE established its sister organization, 43 Housing, which now operates 388 units of affordable housing across six locations in the Tri-Cities.

Today, SHARE is an independent, community-based non-profit that provides leadership, services and programs to respond to the social needs of over 30,000 residents in the Tri-Cities region—including the cities of Port Coquitlam, Coquitlam and Port Moody, the villages of Belcarra and Anmore, and New Westminster.

As always, our work is grounded in the realities of vulnerability—supporting children, youth, adults, families and seniors experiencing poverty, isolation and exclusion. We intervene before challenges escalate into crises, ensuring our clients receive the right support at the right time to change their trajectory.

SHARE's impact is strengthened through close collaboration with our 40 local partners across the healthcare system, first responders, community-based justice and social services, municipalities and Indigenous advisors—and is made possible through the generous support of provincial funders, donors, local business partners and community groups—as well as the contributions of hundreds of volunteers each year.



SHARE is a CARF-accredited charity with programs and services that meet international quality standards in health and human services.

Vision

A strong community that welcomes everyone to live, participate, contribute and reach their full potential.

Mission

To connect, engage and strengthen individuals and families.

Values

Collaboration

Generosity

Inclusion

Hope

Integrity

Strength based

Compassion

Our Impact



1 in 9

Tri-Cities residents turned to SHARE in their times of need

As our community's needs grow, so does SHARE's client base, programming and team—a powerful reminder of the vital role we play across the Tri-Cities and surrounding areas.

**30,431
clients
served**

That's 10,000 more clients or a 54% increase over five years

**2 in 5
clients are
under 18**

Kids and youth are at the heart of our work—40% of our client base

**Seniors
remain a
priority**

Adults 65 and older account for 17% of the people we serve

**29
programs
offered**

Our programs expanded 45%, from 20 to 29, since 2021

Our Growing Team

SHARE now has 125 part- and full-time staff members who bring our diverse programs to life. This year, our work was also supported by 861 volunteers who donated 29,183 volunteer hours across all our areas of focus.

Our Partners



We don't do our work alone.

Our leadership team is active in 40 community committees, sub-committees and working groups across the Tri-Cities.

Partnership is vital to our programming success.

Our key impact partners include: Kinsight, School District 43, Kwikwetlem First Nation, ISSofBC, S.U.C.C.E.S.S., PLEA, Act 2 Child and Family Services, ACCESS Youth, NaloxHome, Trinity United Church, Hillside Community Church, Fraser Health Authority, Fraser Northwest Division of Family Practice, Fraser Northwest Primary Care Network, City of Coquitlam, City of Port Coquitlam and City of Port Moody.

We work alongside these key provincial and federal partners: Provincial Health Services Authority, Ministry of Child and Family Development, Ministry of Health, Ministry of Social Health and Poverty Reduction, Food Banks BC, Food Banks Canada, YMCA BC, BC Rent Bank, BC Housing, Law Foundation of BC, Employment and Social Development Canada, United Way of BC and the Government of Canada.

Areas of Focus

SHARE helps people overcome barriers, strengthen resilience and reach their full potential. **We deliver integrated services in these seven areas:**



01

Early Years
Development + Family
Services



02

Food Security



03

Mental Health +
Substance Use



04

Housing, Employment +
Advocacy



05

Early Intervention
Supports



06

Safe + Inclusive
Communities



07

Senior Services

Early Years Development + Family Services

Compassionate support for kids and families. SHARE helps families with children from zero to 12—navigate healthy development, and challenges at home and in the wider community.

Through family support workers and clinical counsellors, families receive practical, compassionate help with things like understanding childrens' behaviour, strengthening the parent-child relationship, coping with stress and trauma, improving communication and co-parenting and accessing community and government resources. Support is offered in multiple languages and grounded in a strength and trauma-informed approach.

6:1 Return on Early Years Investment.

BC research shows that for every \$1 invested in a child's early years nearly \$6 is generated in economic and social benefits. This investment reduces costs in child protection, mental health crises and hospital use. SHARE's early childhood development programs help deliver this return for our community.

(Source: Government of British Columbia.)





1,498

kids, parents + caregivers welcomed across our programs

What We Offer

Our Family Support Workers tend to the whole family unit. Support services for parents and caregivers include: mental health and wellbeing, information on programs and resources—such as early development screening and resources, affordable childcare, dental care, social interaction for kids, social connections—and referral/leads to bridge service gaps across the communities we serve.

Our Regular Programming

- Parent & Tot drop-in program
- Love My Baby drop-in program
- Nobody's Perfect parenting program
- Mother Goose program

“A big thank you to all the coordinators and volunteers that organized these programs. My son and I are extremely happy with the time we spend here.”

—Mother Goose program participant

90%

survey respondents said they felt welcomed and accepted at SHARE

97%

said they would refer their friends and family to SHARE when in need

Food Security

No one should have to choose between paying bills and putting food on the table.

SHARE's food security programs provide reliable access to nutritious food—including fresh fruits and vegetables, dairy, eggs and protein—while preserving dignity and fostering connection.

Through our Food Bank, infant nutrition programs, navigation services and local partnerships, we support children, youth, adults, families and seniors experiencing financial hardship.

1,028

new registered households receiving Food Bank support



How We Serve our Community. Registered clients can access the Food Bank every two weeks. Pregnant women and families with a child under 12 months can receive weekly support, including items like milk or formula, eggs and fresh produce. The Food Bank also offers emergency hampers for individuals and families facing an immediate need for food.

SHARE Food Bank clients have more than doubled in five years—from 3,904 clients in 2021, to 8,180 in 2026. That's an increase of 110% in 5 years.

To support families with school-aged children, we provide them with school packs that contain extra milk, cheese, eggs and produce that they can eat at school.

Food Insecurity is on the Rise. According to Food Banks BC, "Food banks across BC are seeing an unprecedented number of visits. Looking back over the last five years, food bank visits in BC have increased by 81% since 2019, prior to the pandemic. These numbers tell us that more people are living in poverty, and that poverty has deepened for many."



In April 2026, SHARE's Food Bank received the Food Banks Canada's Standard of Excellence accreditation, a rigorous gold standard in food safety, governance and client care.

This accreditation gives community partners, supporters and donors confidence that food is handled and distributed with the highest levels of safety and dignity.

8,180

clients served at our Food Bank

33%

a third of our Food Bank clients are under 19

13,306

hours donated by volunteers at SHARE's Food Bank

Mental Health + Substance Use

SHARE offers multiple pathways to meet people where they are—across ages and communities.

We provide community-based counselling for adults, including one-to-one support, group programming and recovery planning for individuals and their families. Our community counselling, substance use, along with culturally specific options such as Farsi-speaking counselling, ensure adults can access help in ways that feel safe, culturally responsive and respectful of their lived experience.

We also supported over 3,100 students and school staff this year through classroom sessions and one-to-one support focused on mental health, substance use and harm reduction. This work was done in partnership with SHARE youth mental health outreach workers and School District 43.

Mental Health is Still Top of Mind. The top three presenting concerns of adult clients in our Primary Care Network counselling program are anxiety (76%), depression (60%) and stress (13%)—the same as the year before. Staff, however, are seeing an increase in higher intensity and complex concerns at intake, including suicidal ideation, post-traumatic stress disorder (PTSD) and severe depression.

Foundry Tri-Cities Opens in Port Coquitlam.

In March 2026, SHARE officially opened Foundry Tri-Cities at PoCo Place. This new wellness hub provides free, confidential support for youth ages 12–24 and their families, including drop-in and scheduled counselling, peer support, mental health and substance use services, physical and sexual health care and help with work, education and social services—all in one accessible location.

5,526

clients served for mental health and substance use concerns by SHARE



Housing, Employment + Advocacy

Access to safe, stable housing and financial security are fundamental to individual and family wellbeing.

SHARE walks alongside people during housing instability and financial crisis—helping them avoid eviction, secure emergency financial assistance, access benefits and resolve tenancy issues with guidance and compassionate support.

The Housing Crisis Continues. High rental costs, renovations and rent increases across the Lower Mainland disproportionately affect low-income individuals and those living below the poverty line. Demand for support in finding affordable housing has increased, with many clients being referred to SHARE's tenant advocacy program for assistance. Youth, adult and senior renters across the Tri-Cities who are facing a temporary financial crisis can access interest-free loans and support to stay safely housed via SHARE's Rent Bank.

From 2025 to 2026, SHARE Rent Bank clients rose from 172 to 302. That's a 76% jump in one year.

Our Employment Services. SHARE partners with YWCA BC to provide employment support at WorkBC centres in Port Moody and Port Coquitlam. Our staff help job seekers plan careers, improve resumes and interview skills, and link to training and employers so more local residents can find and keep work. This support helps families build stable incomes, stay housed and easily access other services they may need to feel secure in our community.



Poverty + Family Law Advocacy. Since 2009, our poverty law advocates have supported income-qualified clients with income assistance, pensions, disability applications, financial benefits, poverty-related issues and landlord-tenant matters through information delivery, referrals and advocacy.

1,007

poverty law clients

780

family law clients

210

tenant advocacy clients

A SHARE story. Kris* lost his full-time job and due to a delay in receiving his EI benefits, was behind financially. He couldn't make the upcoming month's rent, or pay his other bills. Kris luckily found work but wouldn't see a paycheque for a month. He accessed SHARE's Rent Bank and thanks to a grant, remained housed while on a reduced income and transitioning to new employment. The Rent Bank helped Kris get back on his feet.

* Name changed for anonymity.



Early Intervention Supports

The right support, at the right time.

What We Do. Our early intervention therapy provides community-based services and supports to children—from birth and school entry who have, or are at risk of, a developmental delay and/or disability. These include screening, referral, assessment, family education and support, service planning and coordination, direct therapeutic intervention, consultation, monitoring, transition planning and community training.

1,841

kids served via SHARE's early intervention supports and services

Such interventions can positively impact a child's development and provide wins over the long-term. Research shows that early intervention is more effective when provided in the first years of life and can significantly improve children's ability to learn new skills and reduces the need for more intensive services down the road. We work closely with Fraser Health Authority, the Ministry of Child and Family Development and School District 43 to make these services available to children and families in our community.

With 40% of SHARE clients aged 18 and under, our early intervention and youth programs form a critical foundation for lifelong health and wellbeing.

41%

occupational therapy services for children grew from 447 to 632 clients over the last year





Safe + Inclusive Communities

We support children, youth and newcomers build skills, confidence and connection.

Spaces Where Children and Youth Can Shine. SHARE's Community Living program supports children and youth with development disabilities to build skills, friendships and confidence as they grow into young adulthood. Through weekly individualized support and social and skill-building groups, participants learn life and community skills, take on leadership and volunteer roles and experience safe, inclusive spaces where they can belong and contribute.

Our English language practice groups have nearly tripled in four years. With 1,006 participants, that's a 181% increase since 2022.

A Lifeline for New English Speakers. Available online and in-person, our English practice groups are free conversation groups where individuals can practice their English speaking and listening skills, develop friendships and learn more about community resources. The groups are volunteer-run/facilitated and in partnership with local libraries, School District 43 and community organizations.

9,168

English practice group visits

94%

English group visitors were very satisfied with their time at SHARE

"I sincerely thank your team for giving us the opportunity to use your services to live a better life in Canada. I hope these classes will continue until we are fully proficient in English. It's so important for us."

—English practice group participant



Senior Services

As people age, maintaining independence, dignity and connection becomes ever important.

SHARE's senior services help older adults stay active, engaged and safely connected to their communities. Through programs like Better at Home, seniors receive practical support with daily tasks, transportation and errands, along with opportunities for social connection, so they can continue living independently in their own homes. Our Social Prescribing program links seniors to community resources that promote physical health, nutrition and meaningful social activities. Together, these services reduce isolation and enhance quality of life, helping seniors remain connected, healthy and empowered as they age in place.

1,242

seniors served through
SHARE programs

This Year's Win! SHARE's new Better at Home passenger van provides safe, reliable rides for seniors, making it easier to attend appointments, stay social, and remain independent in the community.



"I will be 87 next week. I happily live in my own apartment. I give credit to SHARE for my ability to live here independently." —SHARE senior



2025-2026 Financials (for the year ended March 31, 2026)

The following information is based on the audited, non-consolidated statement of operations for SHARE Family & Community Services Society from April 1, 2025 to March 31, 2026.

These financial highlights reflect SHARE Family & Community Services Society's directly managed programs and services and do not include financials from SHARE's Sister Society, 43 Housing Society.

As of March 31

2026

2025

Revenue

Grants and contracts	\$ 10,858,609	\$ 11,065,775
Donations and fundraising	\$ 2,446,423	\$ 2,528,638
Service operations	\$ 1,850,906	\$ 1,754,043
Community gaming grant	\$ 524,641	\$ 359,169
Other income	\$ 221,102	\$ 243,822
Amortization revenue	\$ 117,679	\$ 90,240
Interest income	\$ 101,828	\$ 254,957
	\$ 16,121,188	\$ 16,296,644

Expenses

Salaries and benefits	\$ 11,747,509	\$ 11,748,160
Program	\$ 1,758,537	\$ 1,805,486
Rent and other occupancy	\$ 1,197,083	\$ 972,418
Office	\$ 623,795	\$ 608,693
Purchased services	\$ 364,488	\$ 458,705
Miscellaneous	\$ 332,110	\$ 260,939
Amortization	\$ 266,928	\$ 215,479
Fundraising	\$ 126,947	\$ 101,078
	\$ 16,417,397	\$ 16,170,958
Excess of revenue (expenses) for the year	(\$ 296,209)	\$ 125,686

Our Team

Leadership

Claire MacLean

Chief Executive Officer

Annela Masih

Director of Operations

Wayne Skeet

Director of Finance

Gina Hortelano

Director of Community
Programs

Kistie Singh

Director of Mental Health
Programs + Foundry Tri-Cities

Antonia Nicholas

Director of Housing

Aelaf Kebebu

Director of Children +
Youth Programs

Sarah Zurbuchen

Director of Community
Engagement

Board of Directors

Osman Naeem

Chair

Ashley Celenza

Board Secretary

Kelli Forster

Director

Hazel Postma

Director

Dayna Hui

Director

Andrew MacRae

Director

Jim McIntyre

Director

Ryan Whittle

Director

Wendy Wakabayashi

Director

Mark Spratley

Director

Chad Vestergaard

Director

Contact



Volunteer with Us

We're always eager to find community and corporate volunteers for our wide range of programs and services. To learn more or join us, please visit sharesociety.ca/volunteer-for-share.

Support Us

We'd love to hear from you. If you'd like to donate/support our work, contact the Director of Community Engagement at community@sharesociety.ca or call 604-540-9161.

Connect with Us

We're passionate about the Tri-Cities community and are happy to share more about what we do and offer a tour. Please contact our Community Engagement team at community@sharesociety.ca or call 604-540-9161.





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