

Please consider offering
a donation to our



working together to end hunger in our community

SHARE FOOD BANK FACTS

- **37%** of food bank recipients in the Tri-Cities are **children**
- **196** households participated in SHARE's **Tiny Bundles Program**
- **18, 756 food hampers** were distributed last year

REQUESTED FOOD ITEMS

- peanut butter
- tuna
- diapers
- baby formula
- cereal
- granola bars
- nuts
- lentils
- rice
- beans
- whole grain pasta

*please remember to check expiry dates on all items donated

sharesociety.ca

f /SHAREFcs @SHARESociety SHARE Society #SHAREFood

SHARE
FAMILY & COMMUNITY SERVICES